

Step 1

Firstly ensure the regulator valve is turned all the way to the ‘Off’ setting.



Step 2

Take the regulator and the cylinder in each hand.



Step 3

Hold the regulator in the palm of your hand, with the dial facing away from yourself and any other bodies.
This is a safety precaution.



Step 4

Line up the thread of the regulator with the valve of the cylinder.



Step 5

Twist the cylinder in a clockwise motion untill the regulator is screwed firmly onto the cylinder.



Step 6

Slowly turn the on/off valve of the regulator to start or stop the flow of gas from the cylinder.

When finished, turn the regulator valve fully to the “Off” position and dismantle the regulator and cylinder for storage.

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